



From your location (hotel, VMworld – Moscone, or other) get to Market or Mission. Head East towards the Bay. You will know you have reached the Bay because you will have to cross The Embarcadero, you will see the Ferry Building, or your feet are wet. From the Ferry Building head north along the sidewalk (you will see LOTS of other runners and walkers). In 5.5 miles you will reach the Golden Gate Bridge (round trip 11 miles). You can of course turn around at any point along the way to shorten the run.